# Spring Conditioning

***Physical must be completed before participating.***

**Tuesday/Thursday**

4:00-5:30pm

**Dates:**

April 9,11,16,18,23,25,30

May 2

**Try Outs**

***Physical must be completed before participating.***

**Tuesday/Wednesday/Thursday**

4:00-6:00

**Dates:**

May 7th, 8th, 9th

**Coach Info:**

Head Varsity Volleyball Coach

Angela Fry 678.735.8697 or [angela.fry@cobbk12.org](mailto:angela.fry@cobbk12.org)

Assistant Volleyball Coach

Bobbie Isom 678.640.4084 or [bobbie.isom@cobbk12.org](mailto:bobbie.isom@cobbk12.org)